



A world without Violence

Channeling from Keona in the consciousness of Melchizedek,
19.10.2020

Humans assume that they are creators and create, that is what they took from the teachings of Vywamus and partially also of Adalieg. Some took this to say that they are creating *consciously*. Humans actually believe that they are creating consciously. When doing so, they are mostly engaged with their mind. In their mind they have ideas about what they want to create and because humans are indeed “Creator-Consciousnesses” and come from the consciousness of creation – you call this God – they do have the potential to create.

We have identified a part of your personality, which we call the strict part. For us, this part is a fragment with which you are trying to create yourself anew – over and over again. While doing that, your motivation is shaped up extrinsically, it is directed from the outside in. This internalization is then becoming what is outside. The strict part is controlling what should be and should not be, this is how the energy of creation gets fragmented and polarized. There is right creation and there is wrong creation. The wrong creation is negative, the right creation is positive, that is what most people are engaged with.

Creatorship in the present moment

What we want to talk about today is, that it is not necessary to always create something new and that energy simply *IS*. It is simply there because consciousness exists. This also means, that other “worlds” actually exist in humans as energetic consciousness.

In the following, we will speak of a possible manifestation for humans. You will consciously take this in with consciousness, but through your mind and how you are conditioned.



With your mind you can develop very different ideas and understandings and talk very differently about Creator-Consciousness. What we mean here is an energetic experience. We always consider what follows to be an energetic experience. As humans, you may ask “Am I not experiencing right now?” We say, that an experience is a momentary experience. Creator-Consciousness always exists in the present moment. This energetic experience is the experience that is always happening in the here and now. Imagine the following: If you say you experience the present moment, and you are also touching your solar plexus or the Hara Center right below and you “stretch” the experience. What do you believe this experience is? It is the past or the future. It is definitely stretched. When talking about experience, we actually mean the present moment that *IS* experienced. When you look onto your stretched experience, you are only seeing what you *have* experienced and are only left with a part of it, not more.

The Moment-Experience

The world of which we want to talk here, exists in a collective or group consciousness. It means, that this world is a “Moment-Experience”. Humans believe that a Moment-Experience is gone immediately. This is why you try to hold on to this moment. You try to hold on to it by stretching the energy and this is how you create time, like the past and the future. Seen from a holistic perspective through the channel of Keona, we would say that the holistic experience of a group consciousness or some call it collective, is an experience that is a Moment-Experience. We stress this once more because experience is in fact something that you assume to be elongated. It is rather sustained as an aspect in time. We mean a creative creational moment. Creation as a group, as a collective is not an experience in time the way you know it.



We could differentiate something to make this understandable for you.

This experience of the present moment, this creative process, always has, thought for you, the energetic intensity of a group experience.

You can only have an individual experience when you are in time. Time is an individual experience for you, while you are in a group or understand yourselves as a humanity. That is different from what we are talking about. What we mean is an experience that is carried by a whole group at the same time. Some might call this unity consciousness.

When we assume that there is a holistic consciousness, we are talking about a base of unity but not about the *experience* of unity. It means that the holistic experience is being experienced simultaneously by multiple people.

It can also mean that different aspects are being added, which are needed so that the experience can continue to unfold.

If I say the word “development”, it would be the habit of Keona to say development because it is an understandable term for humans and how they create.

In this Moment-Experience, everything is there. We say it again, in the manifestation of the Moment-Experience all and everything is present and existing. Even the creation of the momentary experience, which ever words we use for that. What we do not mean is, that all needs are satisfied. Because this experience, this creation out of the present moment, has no needs.

It is immensely difficult for humans to imagine that this actually exists and many people do not believe in this. Humans who want to believe in this, try to experience themselves in the present moment.

Also, it is interesting that humans *think* that everything is there. But not what they think should be there and is not there for them. That is how they are instantly back in the experience of time.



Experience as energetic consciousness

If humans experience or grasp the present moment – there is some people who do, we would not say that there are no humans who manage to do this – they try to hold on to it in their aspect of time. What they actually hold on to is their memory, the memory of the experience of the present moment. The moment they try to hold on to it, they have to believe in it, and they have to judge it. At that moment they have judged it. And that is instantly the right creation to them. Whenever humans try to hold on to it and consciously continue to create it through their minds, because humans are creators, it turns into a very exhausting matter for them. And it also turns into an egoistic matter. We do not mean the “negative” egoism or what is commonly understood as negative egoism. We mean as a partial aspect of their mind or of their level of personality. For us, they exist as fragments of consciousness, therefore people want to have them. This is already being viewed positively. Someone once said to me that it is also an idea of consumption when humans want to have a lot or want to be great. That is what it actually is. If humans want to be great, it is an idea of consumption.

A world without violence

The reason why people want to hold on to it when they are in the experience of the now is, because they are creatively active. But if they say “Oh, now I could create more money for myself” they are again in the aspect of time and polarity. The act of thinking, for humans living in the time and polarity aspect, does not exist in the experience of the present moment.

We say here, that a different energetic world exists, which makes it possible for humans to bring themselves into a different level of consciousness that results in a different level of experiencing the world. It is interesting, that this experience, the creative experience that happens in the present moment of



being is eternal. To understand this, for a human who is living in time polarity, is very difficult. Experience that is made as energetic consciousness can never vanish. What can vanish though is, that you and your positive aspect make a nice and wonderful experience and try to build a life on it, which then has to vanish.

It is interesting that in their experience of time, humans, or beings which we call humans, try to bring eternal life into time. It means that this eternal life experience of the manifestation of the world, which Keona can feel physically and emotionally right now, from which we say it contains eternal life, cannot be explained in time aspects. It is difficult to explain this with words. Of course, if someone is very good with words and can play with them, they would find words which many people could identify with. This is not what we mean here. What we mean is, that it is eternally preserved as energetic consciousness and does not vanish. I have heard some people say "This is boring."

This is something one can only say from a perspective of time because the awareness of this intense energy cannot be grasped.

Simply because your body, your mind and your brain, the way it is constructed now, cannot handle it. What we do not mean by this, is to have visions.

I want to stress this. If humans make up visions of the world, it is always a better world than the one in which they are in. That means, dealing with the right and the wrong creation. They do actually believe in a better world.

If you read this now, you could also say ok, it seems like there exists a better world, they are also talking about it. Because there are no words in your language to get this across. It is a matter of experience.

The world that you experience on the outside, the communications, the speeches, the conversations are what you create yourself. It is important to us, that you get to the point where you create this. We call this to "do creating". Humans can actually learn to deal with their Creatorship and reflect the motifs, expectations, hopes, wishes, limitations and fears with which they create the world. The world which you see outside is only a reflection of the humans, for the individual, as for the collective.



Due to that you always experience yourself individually. This is your world. One could say that the aspect of time, which you transport or manifest into your world, has a unified holistic consciousness in the “World of the Moment-Experience”. We still see a lot of beings in there that created with each other in one tone, in one accord one could say. What falls away though is the individual, you call this ego. This individual “wanting to have something” and that it is important for you that you have something, is falling away. What also falls away is violence.

When we talk about a world that is co-creating, we talk about a different energetic experience as you have it in your time aspect. And we do actually talk about a world without violence because you do not see yourself as separate from the others. The other is also not necessarily the other anymore, he is perceived as a part of myself. Every other one is doing that, there is no great God telling you that the others are part of yourself. Everyone in this holistic group experience is perceiving the others as their own aspect. Polarity falls away in this kind of manifestation. Doing and acting falls away, the way in which you manifest from your mind falls away, the kind of conditioning that you have falls away, fighting falls away. We also have a different kind of understanding or awareness in this “world without violence”, as we call it. And something essential falls away when we say the violence does not exist: Having to prevail.

When you look at your world, you begin to form statements and start to discuss them with each other. Sometimes you can find compromises but what remains are single parts that are somehow motley assorted, also when finding a compromise. What is left is energy that is “made.”

Or you go to war. But we do not want to talk about war right now because the important matter is, what it has to do with the individual person. Some humans say, “Well, some are at war but some are not.” The right creation is to not be at war and the wrong creation is to be at war because it is dangerous, it is threatening, it is hurtful – as humans would say who look at it from the outside.



The part that is dangerous, hurtful and very violent, seems to be on the outside somewhere. Most humans think that this part has nothing to do with them. This is how severely you have split up your awareness. So severely, that you can barely perceive that everything you perceive on the outside is you. From our perspective, humans did it this way – some create themselves directly into a threatening and violent area, some create themselves into it from the outside and some even say they are better people. It is a crazy matter.

A note on what fear is doing to you: When you are afraid, you create time and the future does not look too bright in your images of fear. What you actually feel is a memory where things have been threatening for you, which is then incorporated in those images and intensified.

Creating on a level of group consciousness

We also call the experience of the creative present moment a level of group consciousness. Humans form collectives or come together on the base of similar opinions and start a community of solidarity.

Levels of group consciousness are a bit different because they are not only serving as a group to create “nice gardens” or “a new political perspective.” If we talk about a level of group consciousness, we are talking about a group consciousness whose creation is carrying the universal consciousness.

We still do not understand why humans believe that this is an individual matter. Maybe you also believe that it is an individual matter for Keona but internally she is connected to a group consciousness. We do not say awareness because awareness is guided mentally. We mean energetic consciousness that is translated mentally for you. Even if you perceive emotionally, it is being translated by your mind. The emotional awareness is taken into a certain perspective if it is being translated by the mind. Not into a flow that you follow. That is something different.



In this creative experience of the present moment, when beings experience themselves collectively, there is the potential to experience this as a highly energetic matter and also a very joyful matter. This is why humans who try to experience this moment, try to carry this joy into their lives. But they can only take the joy from their memory.

From this memory they can of course recreate this joy in their emotional world. It is always interesting to witness, when people actually experience joy. Not because they intrinsically exist but because they have created something nice or receive recognition or feel great because of their values.

In the creative experience of the present moment we do not have thinking and accordingly, your emotional world is different.

You manifest by thinking, by what you want and what you do not want, what you perceive as right and wrong. Unconsciously also with the internal conditioning from your education, your society, maybe with what you have brought with you from different lives. For us you do not have different lives but parallel existences, because a human always lives fragmented.

The present moment is the creative experience of a whole group of beings – if we are still talking of holism. As said, this would also be a unified experience, even though we have a holistic experience. A holistic experience is also a unified experience. But in the unified experience, there is no holistic experience.

Creation as an act of doing

You manipulate this, and you manipulate that, in the end it is a manipulative act if you look very closely. If you judge it to be positive or negative, that is your business. But from a level of consciousness or conscious awareness – consciousness is so common in your understanding, that is why Keona is saying consciousness – that does not exist. And humans cannot imagine how they will create then. They cannot but they are still creative. Because it is all just there, it is a level where everything is there.



They do not go and say “I could” or “I should” or “I must” or “My god, if I cannot be that then I am going to die, then I am not good enough and not there anymore.” No, it is all available, it is impulses that continue to unfold in a unified aspect of being, together with the universal consciousness. It is a different experience. The experience we are talking about is not saying “Now we have to end everything through atomic war and destroy the world.” It just would not consider something like that. It is an eternally unfolding matter.

We would also say that your activity of creating (for you, it really is an activity because you are doing it), in your time and polarity perception, is delayed. It is always a delay of what is already there. This is why we are saying that everything is already there, except the needs! That is the difference. In the end it is a delay that you produce which is generally being called three-dimensional.

The possibility to experience the present moment would alter your brain activity also. But you cannot simply react to your thinking by saying “Ah, now I am in my brain, outside my emotional perception.” If you think, your emotional body will translate what you think into feelings. What you feel as a human being is generally what you are thinking. This is why you believe that what you think is true. Because the emotional body is vibrating much more in the now than your thoughts and is hence acknowledged as truth – “I had this feeling”, “I had an eerie feeling” or “I had a weird feeling.” The thought process behind it, which ultimately lead to this feeling, is not realized because thoughts are immensely fast. For us, your time-and-polarity-thinking is halted energy. It is delay and made up of motifs. These motifs are by this time arranged externally. You identify yourself with how you think your outer world is supposed to be and on top of that you develop motifs of being, of experiences, of experiencing. What you then do is, to create by doing, it is an activity. You are “doing creating yourself”. You are “doing identifying yourself”. This is how you could say it even though it is not correct in your use of language. It is not a rule to speak like “you are doing yourself” but you DO. You are doing it.



We call your motivation your self-assertion. You have motifs and from these motifs you develop a motivation. This motivation is then becoming your self-assertion. When humans are creating by doing, this will turn into self-assertion – into what they want, what they believe they need. This self-assertion is subconsciously accepted by all humans. Interestingly, you are making this up. In the world we are talking about, the world outside of violence, there is no self-assertion because the things are simply there. And what is there is me, or “us” as a group consciousness. It is all “me”. It is never ever something I do not have but should have, for the sake of me myself who is having it.

Some even say that they are magical. That they can create something without further ado, without having to perform great acts of manipulation like getting a specific education or talking to someone about it or writing about it. Sometimes it is there instantly. This is also an experience of the energy of Creatorship and how it is sometimes showing in your world. It is just you that call this “magic.” What humans make out of this is, that they want to hold on to it in order to be safe. This is no freedom, also no creative freedom.

Some understandings on the positive aspect

Let us call this nonviolent experience the “World of the Moment-Experience”, even though this does not exist for you because the world you see outside is indeed created by you. But the World of the Moment-Experience, this one present moment – some would say of having knowledge about the togetherness – in a group consciousness, includes the universal consciousness that belongs to it. It is rather an experience of serving and not an experience of wanting to have something or not having anything. Wanting to have something falls away completely, as the experience does not belong to *me* anymore.

If we talk about experience, we are always talking of an experience where I experience my consciousness through an awareness.



You might say that if you are not experiencing anything, your energy is silent. But you are still experiencing yourself, even when silence is there. Thus, you are in movement. Energy is in movement. This “wanting to have something” or being proud to have something or having to have something is an activity for humans. The World of the Moment-Experience is directly connected to the power of creation, also to the universal power of creation.

Here, you are not necessarily connected but what you are trying to get by wanting to have something, is an energetic intensification. And that is interesting because it is like a mirror image with the difference that one of them is made up. What happens then, is, that you elevate yourself energetically. And that has nothing to do with an energetic intensity, you rather rise up to hover above the things. This short-term elevation on the vertical level excludes the horizontal level. This is not a Moment-Experience! It is only an elevation where you create feelings of happiness for yourself, where you can feel right and good but as soon as something from the outside, from other partial aspects of yourself, from other fragmented aspects of yourself, come into your world again, which could be threatening, the experience of happiness gone. It is simply gone.

Hence, it is dying, it is not eternal. And that is your positive aspect.

In our view, some people do not fully understand their positivity, which they declare to be right and believe to be the truth. While being elevated, you are proud of yourself. When you are proud of yourself, you are feeling yourself. When I am happy that I have created something that was strenuous for me, I can feel myself for a moment. Often times people do not feel that joy anymore because it deflagrated due to the exhaustion – if it has been there at all.

If you ask where this nonviolent world is, then we can say that it might not exist in your awareness just now, but it is there. You can perceive it through your emotional aspect, that would not be called emotional aspect but integrative aspect. When your emotional body can act integratively and is not just feeling what it thinks it should feel or what the thought says it should feel, then it has a different perception.



Only then can it open up for the sheer amount of energy this nonviolent World of the Moment-Experience has to offer. Generally, you are working again with images in your mind but if you really immerse yourself in it for a moment, there will be no delay. There will only be this one present moment that is eternal. Looked at it from your mind or perspective, you could create endless visions out of this. Visions for us are really products created from a lack of something, created from fear and neediness. They feel good for you because they give you a good and enlightening focus.

Automatic fixation

We would like to mention something that is difficult for you to understand: The world and the way you see it functions automatically for you. Your whole consciousness is focused on it. You call it conditioning but for us, it is a fixation, an absolute fixation on this fragment of consciousness. If we look at the world, it is just a fragment of consciousness because it is not including the entirety of consciousness. And it is crazy – that is Keona's expression – that you all believe in it.

In your group experience – you also have group experiences – everyone feels like an individual. Every one of you is creating something individually.

May it be a workplace, may it be children, may it be a relationship, may it be property, every one of you is creating something. Thus, it is still looked at individually. What are you actually contributing? You can contribute beautiful pictures you can contribute an attitude but you are only creating impressions of yourself, nothing more. And if that impression is something where one person believes that it is safe, others might be nowhere near safe. Where are the others?

Some say that the others are an illusion. What I see on the outside is indeed something out of the made activity, a creative illusion, that is correct. But to say that the others are an illusion, without realizing that it is me who is creating this illusion as well, is a big fallacy. We cannot see any kind of responsibility for my own Creatorship in this.



You go on with this automatic fixation, even when you get children. You tell them about the world, how you see the world, how the world is being created – not in the sense of everyone being the creator but that the world “simply exists.” You pass on this fragment of consciousness and pass it on and on and on and on.

We have been working together with Keona for a long time on this, over 30 years, and we realize how badly people want their Creatorship, their own creative power but always for what they want to have. It has really crystallized that they like to use this because they always get what they want. Few people go back to the basic force, where all that I want to have does not necessarily exist and is not having the same value, except maybe as something I can share. Few people are really going back there, they do not want that. Except the world is dying. The places, where the world that you create is dying, mean for us, that you create an image of a dying world, so that you can change.

Therefore, it has a positive aspect for you.

You create something that is not right for you anymore or does not seem right, and now you want to change. That is a polarized act, thought and feeling.

The fixation stays within a certain frame, nothing unknown is coming in.

No unknown feeling can come in. How does it feel to feel unknown? No one knows that here. The experience of the present moment or the World of the Moment-Experience is locked away so deeply within yourself as energetic consciousness, you only have it as a thought for your own rescue when you want to have a better world.

And here we have it again – the personal desire to have something.

It might be that it feels hard to you what we say here but try to flow with us.

For us, it is not about punishing you or making you look silly but that we want to make this understandable for you. No one will get around looking into their own reflection.



Shaping the world with external impulses

Humans do not create differently, they create by acting and doing, there is no difference. You only have different motifs, and the results can be slightly different. In your bible it says god created the world out of one impulse. That for us is a creative moment.

The inspiration from this World of the Moment-Experience is impulse-triggered in a way how you would say “God creates the world.” But what you make of it, is a different matter. The impulses that come out of the World of the Moment-Experience are much more intense – thought for your world because you are thinking linearly – and energetically much higher and wider spread. To give an example, one could say you take a small pot of energy, and you catch a little energy out of it for what you want to create at any moment. We actually mean a huge pot that would be as big as countries, full of energy that is available and can, in a holistic consciousness, only be carried by groups, never by a single person alone. And that is a different energetic experience.

It is important to look at your own reflection without saying “Ew, this is so negative.” You really use all the things that you have learned about positivity and negativity, about right and wrong, against you. We call this a very strict part on the level of personality. You use it against your own, now thought for you in this world, development. What you can do is starting to flow with this and first realize the values that you attach to this world. Because it is only in this world, which you create of course, where you can have those values or not. If someone says “I have created this wonderful family house”, someone else comes and says “Oh this is a beautiful one, I want my house to be the same.” This is your inspiration, and nothing else is coming. For us, it is external inspiration, not the impulses that come from the inner awareness of the creative power. This is how you continue to weave your world, again and again and again.



We are talking about an experience that is saturated. Saturated in the sense of experienced, we actually mean *it is experienced*. And what is experienced, what is really experienced, is not going away again. With experience, we actually mean a state that *IS*, not a state that is being made.

If a person is really grasping this moment, he or she often believes that they do not have to deal with the “normal things” anymore. With the things that are not so “good” energetically. This, for us, is an elevation because as long as that person exists in this world and as long as the world is how it is, how it is created by all humans, he or she is going away from their own Creatorship. Where is his or her responsibility? Although we do not say you should be responsible by “making” responsibility. I mean flowing, and that is a difference.

If I am flowing and if I am flowing with my consciousness, then I simply am responsible in a different way for the things I am creating. Everyone who can seize this for a moment or catch it for a moment, is actually starting to engage with themselves, to engage with their Creatorship. If someone says they do not need that or they do not want that, let them be where they want to be.

The secondary level of the denial of polarity

The forces of self-assertion happen by acting and doing, and they are very subtle. Here we are again dealing with the secondary level of the denial of polarity. Subtle, because humans are always oriented towards getting what they would like to have, it is of high value to them. It means that a person is functioning in a way they are supposed to function. The secondary level of denial of polarity also includes a twofold or double “no.” You see the world and what you do not want and on the basis of this attitude and conviction of what you do not want, you decide with “no.” Your decisions are based on a “no.” One could say that the secondary level of denial of polarity is a twofold denial – of “no.” And what does it actually do? It creates guilt. As if you want to fixate what you want, or apparently want out of your “no.”



It creates guilt, also for yourself, especially if the other does not want to play along. Apparently, many people are willing at this point of a twofold denial of “no”, to stimulate themselves so that they experience an energetic elevation to get back to their “yes.”

This is why we are saying that in this day and age a personal should not only be positively stimulated and manipulated but that one has to find the middle ground and the balance. It requires, that the negative part is not excluded from my communication and is also not excluded from my acceptance because it also is my creatorship.

In the nonviolent world without self-assertion, you are actually connected to the will aspect. What we do not mean by the will aspect – and it is wrongly interpreted that way quite often – is wanting something. It is quite difficult to explain that the will aspect is the will to simply be, it is the experience of being. For us, the will aspect is coming from the unity consciousness, not from the holistic consciousness.

What I am perceiving with Keona right now is also interesting – when people say “Oh *again*, reflecting myself *again*, I do not want to, I just want to have fun”, they also have negative attitude. People are pushing themselves by using “no”, over and over again, “no, no, no”, this is how they often get their drive. Not through the – for us – creative moment.

Video transcript, 19.10.2020:

<https://www.youtube.com/watch?v=k-O8br3EC4c>